

## Ref: NSSA-4/ HHP /16-08-2019

Date: 16-08-2019

## **CIRCULAR**

This is to inform all the students and Staff that with an aim to create awareness among students about Importance of growing Plants to protect from environmental pollution the "**Haritha Haram**" program is organized by the NSS VJIT on 17<sup>th</sup> August 2019 by NSS Cell of VJIT. In this regard all interested Students & Faculty of VJIT are informed to participate in the program scheduled at 10:30 am on 17<sup>th</sup> August 2019 at C Block for Planting Trees in the Campus.

Vidva Jyothi Institute of Technology Himayamagar (Vill), C B. Post, Hyderabad-75,

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All the Head of the Departments

All Members of the Committee

**Academic Coordinator** 

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Senior Administrative Officer



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## **Report on NSS Activity**

- Date of Conduction: 17-08-2019
- Name of the Event: "HARITA HARAM"
- Guest of the Event: Dr PallaRajeshwar Reddy
- Participants of the Event: Teaching& Non-teaching Staff, students. And NSS Volunteers
- Faculty Coordinator of the Event: Mr. DRS Narsingh Rao
- Student Coordinator of the Event: Kookutla Vaishnavi
- Place of Conduction of the Event: VJIT Campus.

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Objective of the Program: Awareness on planting Tress





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## **REPORT**

VJIT NSS successfully conducted Harita Haram program on 17-08-2019 Secretary and correspondent Dr.

Palla Rajeshwar Reddy and Chief Guest Dr. Janardhan Reddy, IAS, Educational Secretary Telangana

State has inaugurated the program by planting the saplings,

Trees offer many benefits and not only to the environment. They can also have wider social, biodiversity and economic benefits to communities and society. We can arrange tree planting on behalf of businesses. Circular Ecology doesn't add a margin onto tree planting activities. We are simply passionate about planting more trees. In fact, at Circular Ecology we have embedded tree planting into everything we do.

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The most cost effective tree planting is in developing countries. This gives the maximum number of trees for a set budget. They arrange tree planting in locations such as Kenya, Nepal, Madagascar, Haiti, Indonesia and Mozambique. Eden Reforestation Projects reduces extreme poverty and restores healthy forests by employing local villagers to plant millions of trees every year on a non-profit basis.





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### <u>Harita Haram</u>

#### VIIT NSS Haritha Haram

Under the VJIT NSS Haritha Haram has been organized at VJIT, on ---- our Secretary and Correspondent Dr.Palla Rajeshwar Reddy and the Chief Guest Dr. Janardhan Reddy, IAS, Educational Secretary of TS have inaugurated the program by planting a saplings in the campus. The VJIT NSS believes that "Trees" can help clean the air we breathe, filter the water we drink, and provide habitat to over 80% of the world's terrestrial biodiversity. Trees are like the vacuums of our planet. Through their leaves and bark, they suck up harmful pollutants and release clean oxygen for us to breathe. In urban environments, trees absorb pollutant gases like nitrogen oxides, ozone, and carbon monoxide, and sweep up particles like dust and smoke. Healthy, strong trees act as carbon sinks; absorbing atmospheric carbon dioxide and reducing the effects of climate change.







### Ref: NSSA-5/ TD10KAM/22-08-2019.

Date: 22-08-2019

#### CIRCULAR

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This is to inform all the students and Staff that the NSS VJIT and Airtel are organizing a Two Day 10 K Run Program, the Airtel Marathon on 24<sup>th</sup> and 25<sup>th</sup> August 2019 at 5:00 am starting from the VJIT Campus. In this regard all interested Students & Faculty of VJIT are informed to participate in the program and make it successful.

Principal

Vidya lyothi lastitute of Technology Himayatnagar (Vill), C.E. Post. Myderebed-75,

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**Dean Examination** All the Head of the Departments All Members of the Committee **Academic Coordinator Controller of Examination** Senior Administrative Officer **Phy. Director** 



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#### **Report on NSS Activity**

Date of Conduction:24 & 25-08-2019

Name of the Event: "AIRTEL MARATHON"

Guest of the Event: PD Ramesh

Participants of the Event: VJIT Students and VJIT NSS Student Team.

Faculty Coordinator of the Event: Mr. DRS Narsingh Rao

Student Coordinator of the Event: Konduru Akhil

Place of Conduction of the Event: Gachibowli stadium.

Objective of the Program: 10 k Run.





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## **REPORT**

VJIT NSS in collaboration with Airtel has conducted a "Two Day Airtel Marathon" on 24 & 25-08-2019 More than 150 students and staff participated on the day which was started early morning 5:00 am in Gachibowli Stadium and ended 8: 00 am, the participants were rewarded with T shirts and Participation Certificates.

Everybody participated with high energy and lots of joy.





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# AIRTEL MARATHON



Two Day Airtel Marathon

VJIT NSS organised the Two Day Airtel Marathon on 24th and 25th of August, 2019. 150 the NSS Vjitian volunteers have participated in the marathon which started and all the participants were rewarded with T-shirts and given certificates for their participation.

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#### Ref: NSSA-6/ WDC /08-03-2020

Date: 29-08-2019

#### CIRCULAR

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This is to inform all the Staff and Students that the NSS VJIT Cell to promote awareness on using ecofriendly Ganesha Idols for the Festival are organizing "Go Green Ganesh" Program on 31st August 2019 at the Central Block. In this regard all interested Students & Faculty of VJIT are informed to avail the opportunity to collect the Eco friendly Ganesha Idols and take part in the cultural programs.

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#### **Report on NSS Activity**

Date of Conduction:31-08-2019

Name of the Event: "Go Green Ganesha"

Guest of the Event: Dr P. Venugopal Reddy

Participants of the Event: VJIT Teaching, Non-Teaching Staff, Students and NSS Volunteers

Faculty Coordinator of the Event: Mr. Giri Prasad Goud

Student Coordinator of the Event: Goturi Sai Karthik Reddy

Place of Conduction of the Event: VJIT Campus.

**Objective of the Program:** To publicize the concept of using theEco Friendly Ganesha during the Vnayakachavithi Festival and avoid using the Idols made using Plaster of Paris.





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#### **REPORT**

The idea of celebrating Ganesha Chaturthi in an eco-friendly manner.

- The students had performed cultural activities to create awareness.
- The students have also made organic Ganesh idols and distributed to the Management and Faculty.

#### Summary:

To go beyond learning to make the idols, it is to protect our root.

Immersing POP idols with chemical-based paint in water bodies creates a bigger inorganic chain. Aquatic life too gets destroyed.

To protect the environment by opting for eco-friendly Ganesh idols that can dissolve in water, grow into trees, or can be recycled. With an aim to keep the environment safe, by adopting eco-friendly ways to make the idol of Lord Ganesh, ahead of Ganesh Chaturthi.

One of the biggest festival of the year, Lord Ganesha's birthday Ganesh Chaturthi is just around the corner and like every other year, water and Air Pollution will go up in many parts of our country as hundreds of thousands of people will gather to immerse Ganpati idols into the water bodies. Since the idols are made from Plaster of Paris these are non-biodegradable naturally and so these continue to float on the water for a long time thereby choking the water bodies and adversely impacting aquatic ecosystem. Adding to the problem, the idols are often decorated with paints heavy on lead and mercury which adds to the ongoing process of destroying the flora and fauna of the water body.

To fight these challenges during the festival and to protect the environment, four childhood friends who were always passionate about gardening, environment and planting trees, Sudhakar, Bharat, Puneet and Vivek, from Bengaluru came up with Sasya Ganapathi, an eco-friendly Ganesha Puja kit. In Kannada, Sasya means plant, thus the kit provided by theseswachh warriors help devotees go green by converting the idols after visarjan into plants.



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# Go Green Ganesha







#### Ref: NSSA-7/ SWBSNTP /01-10-2019

Date: 1-10-2019

#### CIRCULAR

On the occasion of "Gandhi Jayanthi" on 02-10-2019 VJIT NSS is conducting "Swachh Bharat &Say No

to Plastic Campaign" an awareness program atBandlagudaJagir Municipal Corporation to inculcate the

value of cleanliness within us as not to use plastic and protect our environment.

Interested candidates can give their names to NSS coordinators in the respective departments.

Principal Vidya Jyothi Institute of Technology

Himaystnagar (Vili), C B. Post. Myderabad-75.

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#### **Report on NSS Activity**

Date of Conduction:09-10-2019

Name of the Event: "Swachh Bharat &Say No to Plastic Campaign"

Guest of the Event: Mr. Srinivasulu, Municipal Commissioner, Bandlaguda Jagir

Participants of the Event: VJIT NSS, Teaching Staff, students Social workers and other volunteers.

Faculty Coordinator of the Event: Mr. DRS Narsingh Rao

Student Coordinator of the Event: Kothadoddi Prashanth Reddy

Place of Conduction of the Event: BandalgudaJagir.

Objective of the Program: explained the importance of health and hygiene in form of a lecture.



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#### **REPORT**

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"Swachh Bharat Campaign and Say no to Plastic" awareness programme was organised by our VJIT NSS on 2nd October 2019, on the occasion of the 150th birth anniversary of Mahatma Gandhi. The main motto of this awareness programme was to inculcate the value of cleanliness within us and not to use plastic.

The programme was graced with the presence of Mr.Srinivasulu Municipal Commissioner, Bandlaguda Jagir, along with VJIT NSS Students, Social workers and other volunteers.Respected Commissioner enlightened our students with his valuable words and explained the importance of health and hygiene in form of a lecture.

The programme was further preceded by the faculty Mr. E. Giri Prasad Goud, NSS Coordinator who also explained the basic need of cleanliness in our society and to avoid use of plastic.

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A rally was taken out from Municipal office in Bandlaguda Jagir by calling upon residents to keep surroundings clean and not to use plastics to save the society. During the rally, slogans "Say no to plastic", "Ek kadam SwachhatakiOre" and "clean India beautiful India were raised. The participants of the rally urged the colony residents to ban plastic use in their houses and making people aware of the importance of cleanliness. Residents were explained about the hazards due to the use of plastic bags. They also urged to grow trees and take measures to protect environment. VJIT NSS Students, volunteers and social workers participated in the rally. Around 100 VJIT NSS students were present and they acknowledged the event.

In the end, students pledged to shun plastic and initiate the change they wish to see in the society for a safer environment.



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### Swachh Bharat Campaign and Say no to Plastic









#### Ref: NSSA-9/ WDC /05-02-2020

#### Date: 5-02-2020

#### CIRCULAR

All the Staff and Students are hereby informed that the NSS VJIT is conducting a Three Day Spiritual

Retreat Program (Meditation) with an aim to improve inner health through meditation on 7th,8th& 9th

February 2020 at Kanha Shanthi Vanam.

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#### **Report on NSS Activity**

Date of Conduction: 7,8 & 9-02-2020

Name of the Event: "Spiritual Retreat (Meditation)"

Guest of the Event: Director and Principal

Participants of the Event: VJIT NSS, Teaching Staff, students.

Faculty Coordinator of the Event: Mr. DRS Narsingh Rao

Student Coordinator of the Event: SimharajuSrikar Karthikeya

Place of Conduction of the Event: VJIT Campus.

Objective of the Program: Health awareness and Spiritual Retreat

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#### REPORT

Name of the activity: Spiritual Retreat organised by VJIT NSS and International Heartfulness Centre.

Title/Topic: Spiritual Retreat "Designing destiny through heartfulness"

Resource persons /Guests: Director and Principal

Date: 7th to 9th February 2020

Key points/ highlights:

- The purpose of a spiritual retreat is to temporarily leave behind the usual distractions to allow relaxation and for an inner change to occur: the ongoing conversion of heart that is critical to deepening faith.

- Retreats are important because people leave retreats fitter, rested, happier and clearer.
- Learn to command mind and body
- Expand the sense of peace and joyfulness
- Around 200 students had attended the program.

#### Summary:

A Spiritual Retreat for students was organised from 7th to 9th February 2020 at International Heartfulness Centre. Event was organised in association with VJIT NSS and International Heartfulness Centre.

Spiritual retreat is time set apart to be in quiet, rest, and solitude with God. Retreats remove us from noise and distraction, and into a place of spiritual refreshing and renewing. Meditation allows an individual to relax the body, mind, and soul. As we settle into the stillness, we notice the stirrings of our soul, our deeper longings, and learn to command mind and soul. Meditation retreats are the best way to enjoy a holistic relaxation process.

Approximately 200 students from all the branches of VJIT Institution have attended. The students were adviced to incorporate spiritual activities in their day to day life to maintain optimal health and emotional well-being.

Event was coordinated by Mr. Giri Prasad Goud, NSS coordinator.



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## Spiritual Retreat (Meditation)



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